Tapia Syndrome after Cervical Laminoplasty: A Case Report and Literature Review

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We present a case report of very rare and unfamiliar disease named Tapia syndrome characterized by concomitant unilateral paralysis of the 10th and 12th cranial nerves. Symptoms include dysphonia, dysphagia, tongue deviation toward affected side. The syndrome occurs after orotracheal intubation. A case report of the patient; A 48-year-old Asian man, presented with both arm numbness and gait disturbance for 1 year. We planned laminoplasty of cervical 4, 5, 6, and 7. After the operation, he complained of hoarseness and difficulty in swallowing. On his physical examinations, uvula and tongue deviation to right is detected. At 8 months after the surgery, his clinical symptoms and chief compliant about surgery had disappeared. The mechanism of the disease is unclear. Though the progress of the disease is benign, further evaluation to rule out other desperate disease like cerebral infarction is evitable.

Key Words: Hypoglossal nerve diseases; Intubation; Laminoplasty

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INTRODUCTION

Tapia syndrome is characterized by the concomitant unilateral paralysis of the tongue and the vocal cord after orotracheal intubation. After Antonio Garcia Tapia first named this syndrome in 1904, less than a hundred cases were reported. The cause of this disorder is suggested to be compression injury of the 10th and 12th cranial nerves in extracranial portion. Therefore, we can say that this syndrome belongs to peripheral postoperative neuropraxia of the lower cranial nerves. Symptoms include dysphonia, dysphagia, tongue deviation toward affected side.

We present a patient who suffered from this syndrome after posterior approached cervical spine surgery. Thanks to previous reports, we can early figure out what happened to our patients and report the progress of the disease more precisely as visualized data. In this article we are going to show our case focusing on these objective materials.

Although the rarity of the disease, there is still controversy over the clear cause and treatment of the disease. We’d like to present the first comprehensive and systemic report of the disease using previously issued, full-text available data in this article.

CASE REPORT

A case report of the patient; A 48-year-old Asian man, presented with both arm numbness and gait disturbance for 1 year. His deteriorating symptoms led him to image evaluation. Magnetic resonance imaging (MRI) of his cervical spine shows central canal stenosis of C3/4 (Grade II), C6/7 (Grade III) with changed signal intensity on spinal cord which suggests compressive myelopathy and bilateral neural foraminal stenosis of C6/7. Positive for Hoffman sign works with images.

We planned laminoplasty C4, 5, 6, and 7. On operation field we directly confirmed severe central stenosis C6/7. Complete decompression and fixation was done. There was no problem when anesthetic induction with oral intubation and the patient tolerated well during procedures.

Immediately after the operation, he complained of hoarseness and swallowing difficulty. It is common symptom after oral intubation. But uvula and tongue deviation to the right is detected on his physical examinations (Fig. 1A, B). This is a complication that has nothing to do with the surgical field of view and is not commonly known.

We checked brain MRI which showed unremarkable findings. We sent the patient to a laryngologist to check his vocal cord. On laryngeal examination, right vocal cord median fixation was noted which suggests nerve palsy (Fig. 1C). Referring to previously reported literature, we diagnosed the patient with a disease entity of the Tapia syndrome.

The tongue deviation disappeared 4 months after surgery, but vocal cord palsy (VCP) and uvular deviation still remained (Fig. 1E, F). At 8 months after the operation, the remaining VCP and uvular...
deviation disappeared, so further examination and follow-up were not required.

**DISCUSSION**

1. Characteristics

To analysis further quantitatively for the disease, we checked all the cases of the disease gathering by searching of the PubMed. Only full-text available, English-language literature were included. Totally 19 reports with 24 cases were included for the analysis which also included our patient. Table 1 shows the details of the reports which include sex, age, operation, symptoms, whether to use steroids and rehabilitation.

![Image](www.thenerve.net)
but the data collected in this study could not say that there is a dominant direction.

The 11 patients (45.83%) were given glucocorticoid although the route and dosage varied and also 11 patients received postoperative rehabilitation for speech.

2. Causes

The cranial nerves IX, X, and XI are anterior to the internal jugular vein and posterior to internal carotid artery immediately after they traverse the jugular foramen. The recurrent laryngeal nerve (RLN), the terminal branch of the vagus nerve at the neck level, provides motor innervation to the intrinsic muscles of the larynx except for the cricothyroid muscle and sensory innervation of the larynx.

The hypoglossal nerve is purely a motor nerve responsible for innervating the extrinsic and intrinsic muscles of the tongue. The nerve is divided into 5 segments, and this is medullary, cisternal, skull base, nasopharyngeal and oropharyngeal carotid space, and sublingual. The nerve is medial to the cranial nerve IX, X, and XI cranial nerves after they exit the cranium through the hypoglossal canal. Cranial nerve XII travels in the carotid sheath before exiting at the C2 level and traveling anteriorly. Cranial nerve XII then travels superior to the hyoid bone to terminate and provide motor innervation.

In previous reports, there is a common opinion that vagus and hypoglossal nerve are compressed together at the oro-hypopharynx level as the cause of the disease, but the views differ slightly in detail. Some authors insisted the these nerve be stretched against anterior surface of the transverse process of C1 if hyperextension of this joint aerobic. The others proposed the mechanism of the disease by inducing compression in the carotid sheath at the C2 level while the neck flexion pushes the mandible ramus back during surgery. There are several reports that intraoperative position can have an effect. Beach chair position on shoulder operation, Fowler position on nasal septum operation or intraoperative position change is reported to have a relationship, but it is not clear how these cause nerve injury.

Some authors insisted that large throat packs in particular cause direct lingual and hypoglossal nerve injury in operation. It is meaningful in that the place where throat packing is inserted in the area where the event occurs, but a clear causal relationship needs to be confirmed.

In our institution, X-rays are performed during surgery to accurately confirm the surgical level. Fig. 2 is an intraoperative X-ray of this patient in our case. The black line in the figure is an imaginary line connecting the center of the cervical body with reference to C2, which shows that there was no excessive flexion or extension in this patient. In addition, there were no reports of changes in posture or throat packing during surgery. It is still difficult to explain a direct causal relationship between laminoplasty and this syndrome.

3. Variations of the Disease

The strict definition of tapia syndrome is postoperative, unilateral, peripheral both RLN and hypoglossal nerve palsy which cause VCP and tongue motor palsy respectively.

Most of the reported cases indicated that the disease was unilateral, but there were rare cases that occurred bilaterally. And isolated VCP or hypoglossal nerve damage cases also have been reported. Although most cases reported only VCP due to RLN damage, there are cases with uvula and soft palate palsy, including our case. The pharyngeal branch which innervates soft palate and uvula emerges from the vagus nerve much above the RLN. Besides, there are reports of suspicious chorda tympani nerve or glossopharyngeal injury which presents loss of taste of tongue and lingual nerve injury which present hypoesthesia of tongue.

Taken all above together, the types of postoperative compressive neurapraxia occurring at the oropharynx level can vary, and this could be defined as tapia syndrome from a broad perspective.

4. Diagnosis and Treatment

Basically, it is important to check which cranial nerve palsy is present through detailed neurologic examination. In particular, in the case of the vagus nerve, the level of injury should be checked.

As mentioned above, computed tomography or MRI of the brain and neck is essential to discriminate central causes which is critical such as cerebral infarct, intracranial hemorrhage, carotid artery dissection and to exclude possible other causes such as a tumor, abscess formation.

Since Cariati et al. first reported the use of a laryngoscope in this disease, this procedure is essential because it not only visualizes the VCP, but can also discriminate whether it is a symptom of laryngospasm, which occurs much more frequently after surgery.

5. Prevention

Previous reports proposed several other prevention methods like smooth and gentle intubation and extubation, endotracheal cuff pressures, prolonged laryngoscopy. But based on the previous presentations and the causes alleged in this article, It is considered to be the most important to keep an appropriate or neutral neck position and to minimize or eliminate neck movement after intuba-
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tion.

Little is known about the relationship between throat packing and the disease, but alertness should be taken as it is the procedure at the level of event which we claimed.

To cover all areas of prevention, a multidisciplinary approach including surgery, anesthesia, laryngology, neurology or neurosurgery, and rehabilitation medicine is required.

CONCLUSION

Tapia syndrome is a very rare disease concomitant unilateral paralysis of the tongue and the vocal cord after orotracheal intubation. Little is known about the causes of the disease, but alertness should be taken as it is the procedure at the level of event which exist at C2 level. A multidisciplinary approach including surgery, anesthesia, laryngology and neurology is required to prevent and early recovery from the disease.

Our case is meaningful in that it is the first case showing the course of the disease as an image among the reported tapia syndromes, and it is the first report that comprehensively analyzes previous cases. More reports and evaluations are needed to obtain detailed information on the cause and treatment of this disease.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

REFERENCES